

2019 MUSIC CITY TAEKWONDO CLASSIC

SPARRING | FORMS | BOARD BREAKING

DATE: April 27, 2019

LOCATION: Riverdale High School
802 Warrior Dr.
Murfreesboro, TN 37128

REGISTER ONLINE AT
www.musiccitytkd.com

LIVE STREAM
musiccitytkd.com/live

YOUTUBE LIVE STREAM

LIVE COMMENTATORS



Double Elimination bracketed poomsae (forms)

Olympic Style Sparring

Matted rings and electronic scoring for all competitors

Daedo E-Hogu for red and black belts

Double elimination sparring for all black belts





Music City Taekwondo Classic
242 Warrior Drive.,
Murfreesboro, TN 37128

To All Competitors, Masters, Coaches, and Taekwondo Families:

We are proud to announce that the 2019 Music City Taekwondo Classic will be held in Murfreesboro, TN on Saturday, April 27. This event is open to Taekwondo students of all ages and belt levels and will be a great opportunity for athletes to showcase their Taekwondo skills and compete in a high-quality competition.

Music City Taekwondo Classic offers valuable ring experience and develops Taekwondo at the grassroots level while also providing opportunities for elite level athletes to achieve their dreams. This experience will stay with the students for a lifetime, and will improve their Taekwondo skills.

What makes our tournaments one of the premier events in the southeast?

As always, we will only have USAT certified and WT-International Referees

WT International Referee Master John Seiber will be the referee chair for the event.

- 3rd place matches (optional) to gain more experience (both competitors will still receive bronze medal)
- Bracketed double elimination poomsae divisions
- Double Elimination for black belt sparring (ring time is so valuable for these athletes)
- Head kicks for all divisions

We are very excited about this year's event, and it will be the best one to date! For more information, please read through the packet. See everyone in Murfreesboro, TN!

Sincerely,

Marty & Beth Dunkerson

Black Dragon Martial Arts



Music City Taekwondo Classic
242 Warrior Drive.,
Murfreesboro, TN 37128

Open to: All students of any age and any rank may participate

Rules/Divisions: Age, weight and rank categories will be separated as the tournament committee deems appropriate and fair. For Black Belt divisions (junior and senior) will be USAT weight divisions

Registration: is online only at www.register4tkd.com.

Cost is \$70 for one event and \$5 for each additional event if registered by May 5

After May 5, registration is \$80 for one event and \$5 for each additional event Location: Riverdale High School, 802 Warrior Drive, Murfreesboro, TN 37128

Awards: Beautiful custom trophies will be awarded for 1st, 2nd, and two 3rd places in each division

Coaching: Coaches contact Black Dragon Martial Arts for your complimentary coaches passes. 615-890-7879 or nick.cotellese@blackdragonma.com.

Spectator Tickets: There will be a \$5 admission fee for everyone ages 6 and up. Children 5 years and under are free. Spectators will NOT be allowed on the competition floor

Daedo PSS: Red and black belts only- E hogus will be provided. Athletes must provide their own Daedo E-Foot Gear. Gen 1 or Gen 2 will be permitted. Gen 1 & Gen 2 E-Foot Gear can be purchased at www.daedosouth.com. Gen 1- \$65 w/free shipping or on site for \$75. Gen2- \$85 w/free shipping or on site for \$90 (cash, Visa, MC, Discover).

Concessions: Food and drinks will be available for sale right outside of the gymnasium throughout the day

Medical Staff: Medical Services will be provided by Bare Essential Sports Medicine-the official sports medical staff for USA Taekwondo

Schedule: Referee meeting 8:30am, Coaches meeting 8:45am. Opening ceremony and start of forms competition 9:00am



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Rules of Competition

Poomsae competition will be open to any traditional open hand forms. The competition will be bracketed, double elimination. Forms will be judged on correct and accurate movements, as well as balance, speed, power and fluidity or technique.

Board breaking will be judged according to USA Taekwondo rules. A complete list of these rules may be downloaded at <http://www.teamusa.org/USA-Taekwondo>.

Sparring rules will be modified USAT/WTF rules. There will be head contact for ALL age divisions. All colored belts under 18 will follow Junior Safety Rules. Black Belts 12 and under will follow Junior Safety Rules. Junior (15-17) will follow WTF rules. Adults will follow WTF rules.

A full Taekwondo uniform (white is preferred) will be required. No t-shirts. For sparring all competitors must have shin and instep protectors, forearm protectors, chest protector (e-hogu will be provided for red and black belts), head protector (white, red/blue), mouth guard, and groin cup for males. No glasses or sports goggles will be allowed.

Belt Divisions

White (10, 9 Gup)

Yellow (8, 7 Gup)

Green (6, 5 Gup)

Blue (4, 3 Gup)

Red (2, 1 Gup)

Black

****for orange, purple, and brown belts ask your instructor which category you would fall under.**
To ensure all competitors have matches, white-yellow may be combined and green-blue may be combined



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Weight Divisions

Junior (15-17)	Male	Female
Fin	-99.2 lbs	-92.6 lbs
Fly	99.3-105.8 lbs	92.7-97.0 lbs
Bantam	105.9-112.4 lbs	97.1-101.4 lbs
Feather	112.5-121.3 lbs	101.5-108.0 lbs
Light	121.4-130.0 lbs	108.1-114.6 lbs
Welter	130.1-138.9 lbs	114.7-121.3 lbs
Light Middle	139.0-149.9 lbs	121.4-130.0 lbs
Middle	150.0-160.9 lbs	130.1-138.9 lbs
Light Heavy	161.0-172.0 lbs	139.0-149.9 lbs
Heavy	172.1 lbs+	150.0 lbs+

Senior (18-32)	Male	Female
Fin	-119 lbs	-101.4 lbs
Fly	119.1-127.9 lbs	101.5-108.0 lbs
Bantam	128.0-138.9 lbs	108.1-116.9 lbs
Feather	139.0-149.9 lbs	117.0-125.9 lbs
Light	150.0-162.9 lbs	126.0-136.9 lbs
Welter	163.2-175.9 lbs	137.0-147.9 lbs
Middle	176.0-191.9 lbs	148.0-160.9 lbs
Heavy	192.0 lbs+	161.0+

Age Divisions

Little Tigers 5 years old & under
Dragon 6-7 years old
Ninja 8-9 years old
Youth 10-11 years old
Cadet 12-14 years old
Junior 15-17 years old
Senior 18-32 years old
Ultra 33+ years old

All colored belts and black belts under 15 years old will be separated into light, middle, heavy weight classes at the tournament director's discretion.