

TAEKWONDO TOURNAMENT
SPARRING | FORMS | BOARD BREAKING

DATE: June 06, 2020

LOCATION: Riverdale High School
802 Warrior Dr.
Murfreesboro, TN 37128

REGISTER ONLINE AT
www.register4tkd.com



Double Elimination bracketed poomsae (forms)

Olympic Style Sparring

Matted rings and electronic scoring for all competitors

Daedo Gen 2 for red and black belts

Double elimination sparring for all black belts

Referee Chairman is International Referee Master John Seiber

Beautiful custom medals for 1st, 2nd, and two 3rd places in all divisions

To All Competitors, Coaches, Masters, and Taekwondo Families:

We are proud to announce that the 2020 Music City Taekwondo Classic will be held in Murfreesboro, TN on Saturday, June 06, 2020. This event is open to Taekwondo students of all age and belt levels and will be a great opportunity for athletes to showcase their Taekwondo skills and compete in a high-quality competition.

Music City Taekwondo Classic offers valuable ring experience and develops Taekwondo at the grassroots level while also providing opportunities for elite level athletes to achieve their dreams. This experience will stay with the students for a lifetime, and will improve their Taekwondo skills.

What makes our tournaments one of the premier events in the southeast?

As always, we will only have USAT certified and WT-International Referees WT International Referee Master John Seiber will be the referee chair for the event.

- 3rd place matches (optional) to gain more experience (both competitors will still receive bronze medal)
- Bracketed double elimination poomsae divisions
- Double Elimination for black belt sparring (ring time is so valuable for these athletes)
- Head kicks for all divisions

We are very excited about this year's event, and it will be the best one to date! For more information, please read through the packet. See everyone in Murfreesboro, TN!

Sincerely,
Black Dragon Martial Arts

Tournament Information

Open to: All students of any age and any rank may participate

Rules/Divisions: Age, weight and rank categories will be separated as the tournament committee deems appropriate and fair. For Black Belt divisions (junior and senior) will be USAT weight divisions

Registration: is online only at www.register4tkd.com.

Cost is \$70 for one event and \$5 for each additional event if registered by May 24

After May 24, registration is \$80 for one event and \$5 for each additional event

Location: Riverdale High School, 802 Warrior Drive, Murfreesboro, TN 37128

Awards: Beautiful custom medals will be awarded for 1st, 2nd, and two 3rd places in each division

Coaching: Coaches contact Black Dragon Martial Arts for your complimentary coaches passes. 615-890-7879 or nick.cotellese@blackdragonma.com.

Spectator Tickets: There will be a \$5 admission fee for everyone ages 6 and up. Children 5 years and under are free. Spectators will NOT be allowed on the competition floor

Daedo PSS: Red and black belts only- E hogus will be provided. Athletes must provide their own Daedo e-foot Gear. Gen 1 or Gen 2 will be permitted. Both Gen1 and Gen2 Daedo socks are available for purchase at www.daedosouth.com. Both will be available for purchase on site in LIMITED QUANTITIES. It is highly recommended that e-foot gear be pre-ordered to ensure you have gear for the tournament.

Concessions: Food and drinks will be available for sale right outside of the gymnasium throughout the day

Medical Staff: Medical Services will be provided by Bare Essential Sports Medicine-the official sports medical staff for USA Taekwondo

Schedule: Referee meeting 8:30am, Coaches meeting 8:45am. Opening ceremony and start of forms competition 9:00am

Rules of Competition

Poomsae competition will be open to any traditional open hand forms. The competition will be bracketed, double elimination. Forms will be judged on correct and accurate movements, as well as balance, speed, power and fluidity or technique.

Board breaking will be judged according to USA Taekwondo rules. A complete list of these rules may be downloaded at <http://www.teamusa.org/USA-Taekwondo>.

Sparring rules will be modified USAT/WTF rules. There will be head contact for ALL age divisions. All colored belts under 18 will follow Junior Safety Rules. Black Belts 12 and under will follow Junior Safety Rules. Junior (15-17) will follow WTF rules. Adults will follow WTF rules.

A full Taekwondo uniform (white is preferred) will be required. No t-shirts. For sparring all competitors must have shin and instep protectors, forearm protectors, chest protector (e-hogu will be provided for red and black belts), head protector (white, red/blue), mouth guard, and groin cup for males. No glasses or sports goggles will be allowed.

Belt Divisions

White (10, 9 Gup)

Yellow (8, 7 Gup)

Green (6, 5 Gup)

Blue (4, 3 Gup)

Red (2, 1 Gup)

Black

**for orange, purple, and brown belts ask your instructor which category you would fall under. To ensure all competitors have matches, white-yellow may be combined and green-blue may be combined

Weight Divisions

Junior (15-17)	Male	Female
Fin	99.2 lbs	-92.6 lbs
Fly	99.3-105.8 lbs	92.7-97.0 lbs
Bantam	105.9-112.4 lbs	97.1-101.4 lbs
Feather	112.5-121.3 lbs	101.5-108.0 lbs
Light	121.4-130.0 lbs	108.1-114.6 lbs
Welter	130.1-138.9 lbs	114.7-121.3 lbs
Light Middle	139.0-149.9 lbs	121.4-130.0 lbs
Middle	150.0-160.9 lbs	130.1-138.9 lbs
Light Heavy	161.0-172.0 lbs	139.0-149.9 lbs
Heavy	172.1 lbs+	150.0 lbs+

Senior (18-32)	Male	Female
Fin	-119 lbs	101.4 lbs
Fly	119.1-127.9 lbs	101.5-108.0 lbs
Bantam	128.0-138.9 lbs	108.1-116.9 lbs
Feather	139.0-149.9 lbs	117.0-125.9 lbs
Light	150.0-162.9 lbs	126.0-136.9 lbs
Welter	163.2-175.9 lbs	137.0-147.9 lbs
Middle	176.0-191.9 lbs	148.0-160.9 lbs
Heavy	192.0 lbs+	161.0+

All colored belts and black belts under 15 years old will be separated into light, middle, heavy weight classes at the tournament director's discretion.

Age Divisions

Little Tigers 5 years old & under

Dragon 6-7 years old

Ninja 8-9 years old

Youth 10-11 years old

Cadet 12-14 years old

Junior 15-17 years old

Senior 18-32 years old

Ultra 33+ years old