

Saturday, March 14, 2015

Riverdale High School
802 Warrior Drive
Murfreesboro, TN 37128



Presented by:

Black Dragon
Martial Arts

615.890.7879

Referee Chairman: Master John Seiber
USAT Certified Referees

Double Elimination Sparring for Black Belts

Daedo Truescore Software in all rings

Daedo E-Hogus for Black Belt Sparring

Beautiful custom medals awarded for 1st, 2nd, and two 3rd place

Dear Masters, Instructors, Students, and Taekwondo Families:

Black Dragon Martial Arts is proud to invite you to the 2015 Music City Taekwondo Classic. This event will be held on Saturday, March 14, 2015 at Riverdale High School in Murfreesboro, TN, conveniently located just 20 miles southeast of Nashville, TN.

We welcome practitioners from all styles of martial arts, however, sparring will be governed by modified USAT/WTF Olympic rules. All black belt divisions will be double elimination using Daedo Electronic Body protectors. Color belt divisions will be single elimination. All rings will use Daedo Truescore software.

International referee, Master John Seiber, will be referee chairman.

The price for this event will be \$70 for all competitors. Pre-registration is the only registration method online at www.register4tkd.com.

We look forward to a great competition.

Sincerely,

Marty and Beth Dunkerson

Black Dragon Martial Arts

242 Warrior Drive

Murfreesboro, TN 37128

615.890.7879

Bdma2994@gmail.com



TAEKWONDO CLASSIC

Rules of Competition

All martial artists are welcome to compete. A complete WHITE uniform is preferred, along with appropriate belt. No t-shirts or warm ups will be allowed.

Forms will be bracketed, single elimination; the winner of two competitors will advance to the next round. All styles of traditional, empty hand forms are welcome.

Black belt sparring will be double elimination. Colored belts will be single elimination.

Sparring competition will be conducted with modified USAT/WTF Olympic rules. All black belts ages 15 and up will spar full contact. Younger black belts and all color belts will be governed by USAT Junior Safety Rules. Body strikes will be one point, head kicks will be three points. An additional point will be added for turning kicks. All divisions will spar 3 rounds of 60 seconds each, with 30 seconds of rest in between. Any ties will be decided by one round of overtime. For more detailed rules go to www.USA-Taekwondo.us.

All sparring competitors are required to wear safety gear which will include: mouthguard, shin and instep protector (daedo e-socks for black belts), forearm guards, reversible red/blue chest protector, white (or colored to match the chest protector) head protector. All competitors must wear groin protection.

ALL BLACK BELTS: Daedo E chest protectors will be provided. Daedo E-foot gear is mandatory. E-foot gear may be purchased at www.daedosouth.com for \$59 or on site for \$70 (cash, visa, mastercard or discover).

Competitors must supply their own sparring equipment. No glasses or sport goggles will be allowed during sparring competition.

Competitors or coaches displaying poor sportsmanship may be asked to leave.

Tournament Information

The Music City Taekwondo Classic is open to practitioners of all styles of martial arts; however, the sparring competition will be governed by modified WTF/USAT Olympic rules.

Fee: Early registration (before March 1st) for one or two events is \$70. Late registration (March 2-March 11) is \$80. There will be no registration at the door.

Spectators: All spectators will be \$3 at the door. Children under 5 will be admitted free.

Coaches: School owners, please contact Black Dragon Martial Arts for information regarding your coach's passes. No one will be allowed on the floor without a coach's pass.

Check-in: Check-in will be open at 8:00 am. No entries will be permitted into divisions that have already begun.

Schedule: Check in is open at 8:00 am. Referees will meet at 9:00 am. Coaches will meet at 9:30 to discuss rules. Forms will begin at 10:00 am sharp. Sparring competition begins immediately after all forms are completed. Referees will have a short lunch break but it will not be formally scheduled.

Awards: Custom medals will be awarded for 1st, 2nd, and two 3rd place winners in forms and sparring competition.

Location: Riverdale High School, 802 Warrior Drive, Murfreesboro, TN 37128

Concessions: Concessions will be available via Riverdale High School and all proceeds will go to support their athletic department. Please help us support them

Additional Information: Contact Marty, Beth, or Nick at Black Dragon Martial Arts. 615.890.7879, bdma2994@gmail.com

Poomsae (Forms)

Age	Rank	Gender	Weight
(4-5)	Beginner: White, Yellow, Orange Intermedite: Green, Purple, Blue Advanced: Brown, Red Black	Male Female	All Weights
(6-7)			
(8-9)			
(10-11)			
(12-14)			
(15-17)			
(18-29)			
(30-39)			
(40+)			

Kyorugi (Sparring)

Age	Rank	Gender	Weight
(4-5)	Beginner: White, Yellow, Orange Intermedite: Green, Purple, Blue Advanced: Brown, Red Black	Male Female	Light Heavy
(6-7)			
(8-9)			
(10-11)			
(12-14)			
(15-17)			
(18-32)			
(33-37)			
(37 and up)			

Black Belt Weight Divisions

Male Weights

	Cadet (12-14)	Junior (15-17)	Senior (18-32)
Fly	Under 81.6 lbs (-37kg)	Under 105.8 lbs (-48 kg)	Under 127.9 lbs (-58 kg)
Feather	81.7-99.2 lbs (45-53kg)	105.9-121.3 lbs (48-55kg)	128-149.9 lbs (58-68 kg)
Welter	99.3-116.8 lbs (45-53 kg)	121.4-138.9 lbs (55-63kg)	150-176.4 lbs (68-80 kg)
Middle	116.9-134.5 lbs (53-61 kg)	139.0-160.9 lbs (63-73kg)	no middle weight
Heavy	Over 134.5 kbs (61 +kg)	Over 161.0 lbs (73 + kg)	Over 176.5 lbs (80 +kg)

Female Weights

	Cadet (12-14)	Junior (15-17)	Senior (18-32)
Fly	Under 72.8 lbs (-33 kg)	Under 97.1 lbs (-44 kg)	Under 108 lbs (-49 kg)
Feather	72.8-90.4 lbs (33-41 kg)	97.1-108 lbs (44-49 kg)	108.1-125.6 lbs (49-57 kg)

Welter	90.5-103.6 lbs (41-47 kg)	108.1-121.3 lbs (49-55 kg)	125.7-147.7 lbs (57-67 kg)
Middle	103.7-121.3 lbs (47-55 kg)	121.4-138.9 lbs (55-63 kg)	no middle weight
Heavy	Over 121.3 lbs (55 +kg)	Over 139 lbs (63 +kg)	Over 147.8 lbs (67 +kg)

Divisions may be split or combined at the discretion of tournament director